

Three inspiring Pilgrimages to Russia

Moscow • Diveyevo

SPIRIT OF RUSSIA

+ ST SERAPHIM'S DAY
CELEBRATIONS

July 26th – August 3rd 2011



+ FEAST OF THE DORMITION
OF THE MOTHER OF GOD

August 22nd - 30th 2011



SPIRIT OF ST SERAPHIM

+ FEAST OF PENTECOST

June 7th – June 15th 2011



e: pilgrimages@saintsalive.org.uk

www.saintsalive.org.uk

THE SPIRIT OF RUSSIA

This itinerary has been created to discover the Spirit of Russia prior to exploring the Land of St Seraphim, past & present, from which the focus of the radius of effect of the saint's transfiguring life began.

In Moscow, we will visit some of the holy sites, including the small chapel in the Danilov Monastery, dedicated to St Seraphim. We will walk in Red Square with St Basil's Cathedral and the Kremlin, visit the Tretyakov Gallery, including the world famous icon of the Holy Trinity and other icons by Andrei Rublev, visit the Monastery of Martha and Mary, established by Grand Duchess Elisabeth, the granddaughter of Queen Victoria and sister of the Tsarina Alexandra, and take in other cultural and historical sites.

You may make an optional excursion to Sergiev Posad where the Trinity-St. Sergius Lavra Monastery is located. Founded in 1345 by St. Sergius of Radonezh this is where his relics lie today. **Alternatively you have a free day in which to explore Moscow.**

Sergiev Posad (OPTIONAL EXCUSION)

The Trinity-St. Sergius Lavra Monastery, one of the greatest of Russian monasteries and today a world heritage site, was founded in 1345 by St. Sergius of Radonezh and is located in Sergiev Posad. This is where the saint's relics lie today.

See <http://www.stsl.ru/languages/en/index.php>

From Moscow we travel by train and road to Diveyevo. Here one can experience the glorious Liturgy in the Cathedral of the Holy Trinity, where St Seraphim's relics lie. Based in this region for the next five days we explore the land, its history, culture and spirituality. Sarov itself is a closed city, which it is not possible for visitors to enter. Here, where the saints' influence has been great, and in which his image lives in nearly every home, one may bathe in the holy springs, walk the sacred path and discover the villages in which surviving monks and nuns dwelt in hiding during the soviet years, and through whose inhabitants, many of the practices and treasures of the monasteries were saved.

On return to Moscow you have the option of relaxing in the famous Kolomenskoye Park one of the most beautiful places in all of Moscow, with its awe-inspiring buildings steeped in history, evoking the Russia of old.... before arriving at the airport for a late afternoon homeward flight.

Kolomenskoye Park (OPTIONAL EXCUSION)

Archaeological traces have been found here of pre-Slavic civilizations dating back over 2,500 years. A village was founded here in 1237, which, in the 15th-17th centuries, became the estate, first of a Grand Prince and then of the Tsar. Between 1930 and 1959, various examples of wooden architecture from all across Russia were brought here, including Peter the Great's little house from Archangel. The chief attraction is the stone Church of the Ascension of the Lord, constructed in 1529-1532 by order of Tsar Vasily III to commemorate the birth of his son and heir, Ivan the Terrible.

See http://en.wikipedia.org/wiki/File:Kolomenskoye_aerial_view-2.jpg

Danilov Monastery Our hotel* is located as part of the Danilov Monastery complex, the oldest monastery in Moscow, founded in 1282 by grand Prince Daniel. It survived as the last working monastery in Russia until 1930. Today it is the venue for international, ecumenical and peace conferences. In 1988, in honour of the millennium of the birth of Christianity in Russia, it became the centre of the Moscow Patriarchate, the Moscow residence of Patriarch Kirill, and a working monastery.

See www.msdm.ru/eng/index.htm



Sample Itinerary for the

THE SPIRIT OF RUSSIA

The itineraries are designed to accommodate Orthodox Feasts†.

Participation in worship is optional.

Day 1 After settling into the Danilov hotel* we will enjoy a typical Russian supper.

Days 2 & 4 Exploring Moscow

Day 3 To Sergiev Posad (optional excursion) or free to explore on one's own.

Day 4 In the afternoon we set off from Kazanskaya station to Arzamas, where we will be met for the 70 km road journey to Diveyevo.

Days 5-9 Over the next 5 days we will discover some of the breadth and the depth of the influence of St Seraphim in the region in and around Diveyevo.

Day 8 In the evening leave for Moscow by overnight train.

Day 9 Early arrival in Moscow. Breakfast. Optional excursion via Kolomenskoye Park before driving to the airport for the late afternoon home-ward flight, or book a direct transfer to the airport

† Actual itinerary may vary according to opening times of various locations.

Dates and Feasts

SPIRIT OF RUSSIA

St Seraphim's Day Celebrations

July 26th – August 3rd 2011

£ 1695 per person + Flight & Visa

SPIRIT OF RUSSIA

The Dormition of the Mother of God

August 22nd – 30th 2011

£ 1595 per person + Flight & Visa

WHICH INCLUDES

Leadership: An experienced English-speaking leader is provided throughout. A Russian-speaking interpreter is provided, as appropriate

IN MOSCOW

Accommodation: In Moscow 3 nights at the Danilov Hotel (4 Star - or one of similar standard). All accommodation is in shared rooms, with not more than two persons sharing. Requests for single rooms (a supplement is payable) should be included on your booking form. Where there are odd numbers of clients on a journey, the last client booking may be required to pay a supplement for a single room.

Meals: Buffet breakfast, and evening meal each day.

Transport: Group Transport by metro and minibus, as appropriate,

Excursions: Excursions and entrance fees, other than those marked as optional.

TO/FROM DIVEYEVO

Train tickets from/to Moscow to Arzamas, including sleeping accommodation on the return journey, Transfers to and from Diveyevo.

IN DIVEYEVO

Accommodation: 5 nights accommodation (in shared rooms) which will be typical of Russian domestic standard.

Meals: Breakfast, lunch and an evening meal each day.

Excursions: All excursions and entrance fees

Transport: Dedicated Jeep and driver for travel in and around region

OPTIONAL EXTRAS

Excursions:

Sergiev Posad £40

Kolomenskoye Park (includes transfer to airport) £40

Airport transfer £30 per person

Single Supplement £100

NOT INCLUDED IN THE COST

Flights, Visas, Personal Travel Insurance, Airport Transfers, Optional excursions, lunches while in Moscow, personal items, and gratuities.



THE SPIRIT OF ST SERAPHIM

This itinerary has been created to offer an opportunity for an extended stay in Diveyevo during the Feast of Pentecost. This is an opportunity to immerse oneself in the spirit of St Seraphim who, in his famous conversation with his follower, Nikolai Motovilov, told him, *'the aim of Christian life is the acquisition of the Holy Spirit'*.

And of Pentecost, St Seraphim said, *'This is the blessing already promised by Him. And so, on the day of Pentecost, He triumphantly sent down to them (the apostles) the Holy Spirit. In the breath of the wind and in the visible tongues of fire alighting on each of them the Holy Spirit entered them, filling them with the fiery power of divine grace, soothing and acting joyfully in the souls of those communing in its power and action'*.

The Aim of Christian Life: The Conversation of St Seraphim of Sarov with N.A. Motovilov

In Diveyevo one can experience the glorious Liturgy in the Cathedral of the Holy Trinity, where St Seraphim's relics lie.

You will be based in this region for seven days, with free days for personal exploration and prayer, and opportunities for group excursions in the surrounding region where the saints' influence has been great, and in which his image lives in nearly every home. This pilgrimage provides a context for entering into a deeper relationship with the saint. One may bathe in the holy springs, walk the sacred path and discover the villages in which surviving monks and nuns dwelt in hiding during the soviet years, and through whose inhabitants, many of the practices and treasures of the monasteries were saved. Sarov itself is a closed city, which it is not possible for visitors to enter.

Getting there: Taking a connecting flight from Moscow (Domodedova Airport), pilgrims will be met at Nizhni Novgorod airport and taken on the three hour journey to Diveyevo by road.

Returning to Moscow by overnight train from Arzamas (70 km from Diveyevo), pilgrims will you have the option of relaxing in the famous Kolomenskoye Park one of the most beautiful places in all of Moscow, with its awe-inspiring buildings steeped in history, evoking the Russia of old..... before arriving at the airport for a late afternoon homeward flight.

Kolomenskoye Park (OPTIONAL EXCUSION)

Archaeological traces have been found here of pre-Slavic civilizations dating back over 2,500 years. A village was founded here in 1237; in the 15th-17th centuries the village became the estate, first of a Grand Prince and then of the Tsar. Between 1930 and 1959, various examples of wooden architecture were brought from all across Russia including Peter the Great's little house from Archangel.

The chief attraction of the park is the stone Church of the Ascension of the Lord, constructed in 1529-1532 by order of Tsar Vasily III to commemorate the birth of his son and heir, Ivan the Terrible. Other churches in the park include the pretty Church of the Icon of Our Lady of Kazan - built under Aleksei II in 1644 and, in the wildest area and surrounded by an ancient cemetery, is the equally charming Church of the Beheading of St John the Baptist, built by Ivan the Terrible to mark his coronation.

http://en.wikipedia.org/wiki/File:Kolomenskoye_aerial_view-2.jpg



Sample Itinerary for the

THE SPIRIT OF ST SERAPHIM

The itineraries are designed to accommodate Orthodox Feasts†.

Participation in worship is optional.

Day 1 Arrival at Nizhni Novgorod airport (via Moscow Domodedova airport); where you will be met by our driver for the 200 km road journey to Diveyevo.

Days 2 & 8 Over the next 7 days you will have the opportunity to discover some of the breadth and the depth of the influence of St Seraphim in this region. On three of these days there will be organised excursions with the remaining 4 days for personal exploration.

Day 8 In the evening leave for Moscow by overnight train.

Day 9 Early arrival in Moscow. where we enjoy an early breakfast. Optional excursion via Kolomenckaya Park before driving to the airport for the late afternoon homeward flight, or book a direct transfer to the airport.

†Actual itinerary may vary according to opening times of various locations.

SPIRIT OF ST SERAPHIM

Feast of Penecost

June 7th – June 15th 2011

£975 per person + Flight & Visa

WHICH INCLUDES

Leadership: An experienced English speaking leader is provided throughout. A Russian-speaking interpreter is provided, as appropriate

From Nizhni Novgorod airport

Transfer to Diveyevo

IN DIVEYEVO

Accommodation:

7 nights accommodation, (in shared room) which will be typical of Russian domestic standard.

Meals:

Breakfast and an evening meal each day.

Excursions:

All group excursions and entrance fees.

Transport:

Dedicated Jeep and driver on group excursion days

FROM DIVEYEVO

Transfer to Arzamas

Train tickets from Arzamas to Moscow, including sleeping accommodation.

OPTIONAL EXTRAS

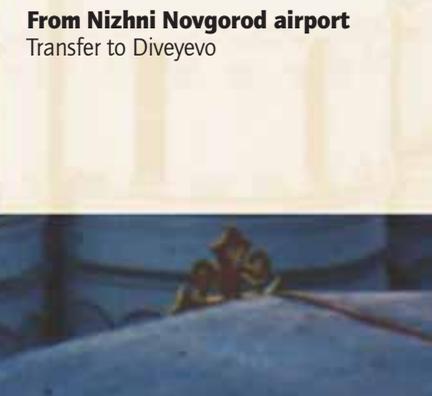
Excursions:

Kolomenskoye Park, in Moscow, (includes transfer to airport) £40

Airport transfer £30 per person

NOT INCLUDED IN THE COST

Flights, Visas, Personal Travel Insurance, Airport Transfers, Optional Excursions, Personal Items, and Gratuities.



ABOUT SAINTS ALIVE

Saints Alive is an educational charity operating in the UK and in Russia. Our aim is to enable people to grow spiritually, to see the world and our place in creation in a new light.

One of the ways in which we do this is by telling the stories of extraordinary lives in which we can see the full potential of our humanity. In the course of this pilgrimage you will have the opportunity to discover the spiritual heart of Russia, to deepen your understanding and appreciation of Russian culture and Orthodox spirituality and to get to know St Seraphim of Sarov, today one of the most revered saints in the world, loved not only by Orthodox but by many Roman Catholics, Anglicans, Protestants and others.

We have been working in Russia in connection with St Seraphim since 1996. Our pilgrimages are organised through people with whom we have been working for several years.

General information

Journey Numbers:

Group numbers will normally be between 6 and 12 people.

Passports: You are responsible for ensuring that you have a valid passport that will not expire until at least 6 months after your return.

Visas: You will require a visa. We will advise you how to obtain one.

Vaccinations: There are no vaccination requirements for Russia.

Deposit: A non-refundable deposit is required to reserve your booking, with balance due 10 weeks prior to departure.

Financial Security: All land arrangements offered are provided under a single contract. Funds are held in a restricted Trust account.

Insurance: Insurance is compulsory.

Vaccinations: No vaccinations required.

Flights: Pilgrims book their own flights.

SEE THE FULL TERMS AND CONDITIONS ON THE BOOKING FORM >>>>>>>>

Saints Alive

you can book on line

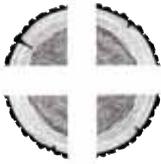
www.saintsalive.org.uk/english/en-saintsalive-whatwedo-pilgrimages.html

email: pilgrimages@saintsalive.org.uk

Registered office: 12 Grange Road, Cambridge, CB3 9DU UK

Patron: His Grace Dr. Rowan Williams. Archbishop of Canterbury

Registered Charity Number 1070055



Saints Alive

BOOKING FORM

Registered Charity No.1070055

PLEASE COMPLETE IN BLOCK CAPITALS

Course/Visit _____

Dates Requested _____

ROOM	MR/MRS MISS ETC	SURNAME (AS PRINTED ON PASSPORT)	FIRST NAME	NATIONALITY (AS ON PASSPORT)	DATE OF BIRTH	PASSPORT NUMBER	EXPIRATION DATE
1							
2							

Address for correspondence _____

Do you have Insurance: YES NO

Insurer _____

Post Code _____

Expiry Date _____

Telephone Number (home) _____

OFFICE USE

Telephone Number (work) _____

email address _____

Occupation _____

Interests _____

UK Contact (in emergency) _____

SHARING *If only one person is booking on this form, please tick preferred accommodation option*

- I am happy for you to arrange for me to share a room with another person, but understand that I may have to pay a supplement if a room partner is not available
- I wish to share with _____ who is booking independently
- This booking is only to be accepted if a single room is available

INFORMATION Is there any medical history, disability or dietary requirement of which our leaders or insurance company should be made aware (in confidence)? YES NO. **And if so please give details**

Is anyone booking on this form a smoker? YES NO

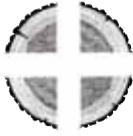
SPIRIT OF RUSSIA / Options / Excursions / Transfers

- Single Room supplement
- Sergiev Posad
- Kolomenskoye Park (INCLUDES AIRPORT TRANSFER ON DEPARTURE)
- Transfer – Airport to Hotel (on arrival)
- Transfer – Train to Airport (on departure)

SPIRIT OF ST SERAPHIM / Excursions / Transfers

- Kolomenskoye Park (INCLUDES AIRPORT TRANSFER ON DEPARTURE)
- Transfer – Train to Airport (on departure)

MAILING CHECKLIST Signed Booking Form Deposit or Full Payment Copy of Insurance



Saints Alive Registered Charity No.1070055

BOOKING FORM CONDITIONS

Your contract will be with Saints Alive

1. Booking your Course or Visit

For Saints Alive courses and visits, a non-refundable deposit per person is required at the time of booking. Saints Alive reserves the right to refuse to accept any booking without stating the reason.

2. Payment and Cancellation

The balance of the fee is due 10 weeks before departure. If we have to cancel for reasons beyond our control or if insufficient bookings are secured for a viable group, all money will be refunded. If you cancel less than 10 weeks before departure, then the whole fee is forfeited.

3. Prices

Our fees have been based upon quotations, estimates and current expectations with regard to other costs and exchange rates. Surcharges may be imposed only if costs increase as a result of government action, currency fluctuations. We will absorb any increases up to 2% of the course/visit fee. If the surcharge exceeds 10% of the fee you will be entitled to cancel and receive a full refund of all monies paid. This right to cancel must be exercised within 14 days of receiving written notice of the surcharge. As we undertake to absorb 2% of cost increases, there will be no reduction in the event of a favourable variation in costs or surcharges within ten weeks prior to departure if you have settled your final balance by then, or after settlement is made within the ten weeks prior to departure.

4. Single Rooms

Increasingly hotels are phasing out single-bedded rooms and charging a flat rate for twin/double rooms. Our prices are based on sharing a twin bedded room; we can usually find a compatible room-mate of the same sex. If there is no suitable match, we reserve the right to charge a sole occupancy supplement.

5. Insurance

It is very important that you obtain travel insurance and cancellation insurance at the time of booking. We recommend that you purchase the insurance cover recommended by Saints Alive, but you may purchase from some other source if you prefer. Please ensure that the policy you purchase provides equivalent cover and inform us of the name of the company and the policy number. Clients who are not domiciled in the UK should obtain equivalent insurance cover in their own country of residence.

6. Alterations of Arrangements

Our literature is prepared many months before the departure of our courses/visits. When changes are made these are often of a minor nature and will not materially affect the enjoyment of your tour. However, if major alterations are necessary due to circumstances beyond our control, we will inform you without delay and offer you the choice of an alternative course/visit, if available, or a full refund of all monies paid. We reserve the right to make reasonable and minor omissions or alterations to any part of the itinerary, or substitute another in the same field for a named leader. A change of leader shall not constitute a material alteration.

7. Our Responsibilities

We endeavour at all times to offer and provide a quality service and we will accept responsibility should our services prove deficient or not of a reasonable standard. We will give prompt assistance and guidance even when a client suffers loss due to no fault of our own, though we reserve the right to recover costs in the event of a successful claim by a client against a third party or a suitable insurance policy.

8. Your Responsibilities

You must take care that your own passport, visa and health requirements are in order. Failure to comply is not our responsibility. We will advise you of the necessary documentation but it is your duty to ensure that you are in possession of valid and current paperwork. Help is available on request. Saints Alive does not allow the collecting of any specimens from the natural world. Persons booking with Saints Alive should be prepared to abide by our code of conduct with regard to safeguarding the natural environment and must also agree to follow the safety instructions of group leaders at all times. It is important to recognize that, although leaders are chosen for their experience in leading field study courses/visits and are able to offer advice on safety procedures and conduct in the field, participants each have a legal responsibility to take all reasonable precautions to maintain their own safety and not to endanger other members of the party.

9. Financial Security

All land arrangements offered by us are provided under a single contract. These funds are held in a restricted Trust Account.

10. Complaints

In the unlikely event of cause for complaint you must notify one of the leaders during the course/visit so that we may do our best to assist you. If the problem remains unresolved in spite of prompt notification and you wish to write to us then this must be done within 14 days of the completion of the course/visit. We will investigate the grievance and reply at the earliest opportunity. All proceedings and disputes shall be dealt with under English law and jurisdiction.

Saints Alive, 12 Grange Road, Cambridge CB3 9DU, UK

DECLARATION:

I/we have read the booking conditions and accept these in full.

I/we do not suffer from a disability which would prohibit full participation in the course/visit.

I enclose a cheque for _____
(Deposit £175 per person) / or / Payment in Full per person)
(Made payable to Saints Alive)

SIGNED _____

DATE _____